

CAYENNE ZEST

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (55g)
Amount per serving	
Calories	320
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 84g	30%
Dietary Fiber 0g	0%
Total Sugars 80g	80%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0.5mg	3%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PUMPKIN SPICE

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (57g)
Amount per serving	
Calories	220
% Daily Value *	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 49g	18%
Dietary Fiber 2g	7%
Total Sugars 40g	
Includes 37g Added Sugars	74%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.7mg	4%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

OLD-FASHIONED ORANGE

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (55g)
Amount per serving	
Calories	200
% Daily Value *	
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 43g	16%
Dietary Fiber 0g	0%
Total Sugars 33g	
Includes 32g Added Sugars	64%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

HOT BUTTERED RUM

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (66g)
Amount per serving	
Calories	270
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 230mg	10%
Total Carbohydrate 52g	19%
Dietary Fiber 1g	4%
Total Sugars 50g	
Includes 43g Added Sugars	86%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 230mg	20%
Iron 0.4mg	2%
Potassium 330mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

CREAMY PISTACHIO

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (55g)
Amount per serving	
Calories	230
% Daily Value *	
Total Fat 7g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 310mg	13%
Total Carbohydrate 40g	15%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 16g Added Sugars	32%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 0mg	0%
Potassium 310mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

BANANAS FOSTER

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (67g)
Amount per serving	
Calories	280
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 56g	20%
Dietary Fiber 4g	14%
Total Sugars 47g	
Includes 37g Added Sugars	74%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 600mg	45%
Iron 0.8mg	4%
Potassium 220mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

APPLE HARVEST

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (48g)
Amount per serving	
Calories	190
% Daily Value *	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 47g	17%
Dietary Fiber 0g	0%
Total Sugars 44g	
Includes 44g Added Sugars	88%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

LOW-DOWN JOE

Nutrition Facts	
4 servings per container	
Serving size	1 scoop (58g)
Amount per serving	
Calories	220
% Daily Value *	
Total Fat 4.5g	6%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 170mg	7%
Total Carbohydrate 40g	15%
Dietary Fiber 0g	0%
Total Sugars 35g	
Includes 29g Added Sugars	58%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 180mg	15%
Iron 0.7mg	4%
Potassium 680mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	